

yes



Major support for NCADA programs is provided by:



Youth Opportunities Program

Proud member of



United Way of Greater St. Louis



Missouri Department of Mental Health
Division of Behavioral Health



ncada-stl.org

8790 Manchester Road
St. Louis, MO 63144
314.962.3456 | ncada@ncada-stl.org



National Council on Alcoholism & Drug Abuse - St. Louis Area



the fight is on

... for a community free from substance abuse and addiction



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“

I need someone to talk to. My husband's drinking is getting out of control. **Can anyone help me?**

Some of the girls at school are mean to me and I don't know what to do. **Can you help me?**

We're worried about the kids in our neighborhood. **Can we help our streets become drug-free?**

Does my daughter have a drug problem, or is she just a moody teenager? **Is there a way to tell the difference?**

Bullying and violence are taking over my classroom. **Can anyone help my students get along?**

I'm a drug-free teen who wants to help my school and community. **Are there other teens like me?**

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About NCADA. The National Council on Alcoholism and Drug Abuse (NCADA) - St. Louis Area is the place to turn for all matters related to alcohol and other drugs. Founded in 1965, we are a nonprofit community health agency servicing over 100,000 people annually in St. Louis and the surrounding counties.

Helping Problem Drinkers and Drug Users. NCADA's counselors provide assessments, short-term counseling and referral to treatment for those who need ongoing help with their abuse and addiction. Counselors also staff a free telephone helpline for those with alcohol or other

drug problems, as well as for family members and friends looking for support and advice.

Preventing Substance Abuse. NCADA works in schools to provide fun, interactive, effective programs that develop life skills to keep kids safe, healthy, successful and drug-free.

Building Teen Leaders. NCADA hosts summer retreats and conferences where teens learn to have a great time without any alcohol, tobacco, or other drugs. More importantly, these youth carry this message back to their peers and become leaders in their schools and communities.

Providing the Latest Information.

NCADA's library is open to the public, and includes the latest books, brochures, videos, and other information on alcohol, tobacco, and other drugs. Many of these resources are also available at ncada-stl.org.

Building Drug-Free Neighborhoods.

Our regional support staff works with community coalitions and other groups to help concerned neighbors make their communities safer and free from drugs.

Need Help?
Contact NCADA
at 314.962.3456
or ncada-stl.org.

know what's happening

Fact. Alcohol is tied to the three leading causes of teen death: accidents, homicides and suicides.

Fact. One out of every six families is impacted by someone who is addicted to a substance.

Fact. 1 in 4 teens has misused/abused a prescription drug in their lifetime.

Fact. Teens who binge drink can develop an addiction to alcohol in only 6–18 months.

connect to kids and adults

NCADA's Teen Institute—a four-day retreat for teen leaders—teaches teens to make healthy decisions and to positively influence their friends and communities.

Each year, NCADA's counselors assist nearly 2000 people struggling with abuse and addiction by directing them to resources for ongoing help.

Since 2011, NCADA's Curiosity + Heroin Campaign has helped lower the number of heroin and prescription painkiller related deaths in the St. Louis area by 20%.

NCADA developed TryPOD (*Try Putting Off Drinking*) to educate students about the effects of binge drinking on the developing teen brain.

succeed

“Teen Institute is the best program ever. Not only was I taught prevention skills, but I learned how to have fun without drugs.”
15 year old TI participant.

“Thank you for helping me. I have been clean ever since and continue to live a healthy life.”
20 year old client

“We depend on your organization for good information. It is making a difference in our community.”
55 year old mother

“I have decided to stop drinking, and now I know how to talk to my friends who drink.”
16 year old high school student

