

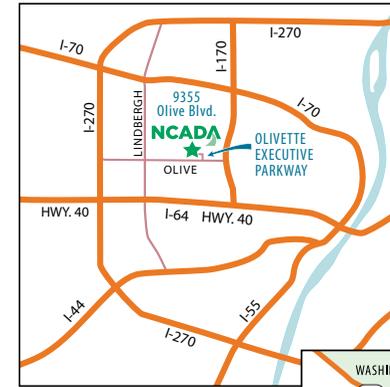
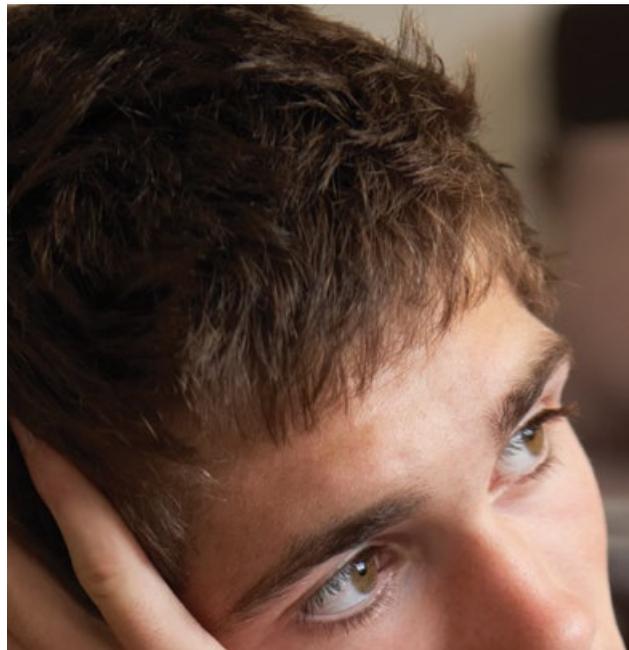
## NCADA: THE PLACE TO TURN

Since 1965, NCADA has been the place to turn for individuals and families needing help with – or information about – alcohol and other drugs and related problems.

NCADA carries the United Way's highest quality rating, is a certified prevention agency of the Missouri Division of Behavioral Health, and meets all 20 of the Better Business Bureau's standards for charity accountability. In addition, NCADA has been designated by the Missouri Department of Economic Development as a Youth Opportunities Program provider.

For nearly 30 years, NCADA has been a primary provider of substance use prevention services for young people in the greater St. Louis area. Through its more than 40 prevention programs, NCADA serves 82,000 students annually in more than 280 schools.

[ncada-stl.org](http://ncada-stl.org)



### MAIN OFFICE

9355 Olive Blvd.  
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314.962.3456  
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636.239.7652  
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[ncada-stl.org](http://ncada-stl.org)



# what now?

## No-Cost Assessment, Counseling and Educational Support

Free confidential interviews with teens and their caregivers to identify substance use issues and, when needed, provide ongoing guidance and support.



When a youth's misuse of alcohol or other drugs comes to the attention of parents, caregivers or school personnel, everyone asks themselves the same question:

## what now?

What should I do? Should I intervene? Is there a real problem? Is help available? Is treatment necessary? If so, how much will it cost?

As a parent or school official, you need to take action, but you don't want to overreact —

## what now?

### The place to turn

NCADA offers comprehensive adolescent evaluations and, when appropriate, counseling for young people up to age 19 and the important people in their lives. These services are made possible by funding from Missouri Foundation for Health and Jefferson Memorial Community Foundation.



### To schedule an assessment or get more information:

Call 314.962.3456 or e-mail a counselor at [tcp@ncada-stl.org](mailto:tcp@ncada-stl.org).

**In Jefferson or Franklin County**  
call 636.556.0454

There is no charge, but a parent, legal guardian or designated case manager must approve the initial assessment and accompany the teen.

### Support and independent referrals

Though not a treatment center, NCADA offers a supportive, non-confrontational environment to explore the consequences of substance use and to develop healthier alternatives. Should treatment be necessary, NCADA will make an appropriate referral.

Although drug use may have led to problems at school or at home, teens will not feel like they're "in trouble" at NCADA. They'll find a comfortable lounge, computers, tutors and educational assistance.

### Family involvement

NCADA encourages caregiver involvement. Our skilled counselors promote healthy peer and family relationships and provide information to family members on how to effectively communicate with and support their teen.



**NCADA's mobile TCP unit:**  
Bringing the program to Jefferson County, thanks to a capital grant from Jefferson Memorial Community Foundation.

## FAQ

### How much does it cost?

There is no charge. This program has been funded by Missouri Foundation for Health and Jefferson Memorial Community Foundation.

### Is it confidential?

Yes. Information obtained in evaluations and during counseling is protected by state and federal law.

### How long does an assessment last?

Generally, 60 to 90 minutes.

### What if I don't have transportation?

NCADA will pay for public transportation to and from our office, as available.

### How do I get started?

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