

INHALANTS



Top: Markers used to huff
Center: Commonly misused inhalants
Lower: Aerosol can

SIGNS AND SYMPTOMS OF USE

Empty spray cans or other items that could be inhaled, unexplained markings around the nose or mouth, missing money, a sudden change in appearance and/or attitude, unexplained absences, change in friends

SHORT AND LONG-TERM EFFECTS

Short-term: dizziness, slurred speech, euphoria, lack of coordination, suffocation, vomiting

Long-term: addiction, muscle weakness, decrease or loss of smell, headaches, lung damage, brain damage

STREET NAMES

Laughing gas, Snappers, Poppers, Whippets, Bold, Rush

HOW IT'S USED

Sniffing or snorting fumes from a container, spraying chemicals into the nose/mouth, breathing (aka "huffing") from a rag that is soaked in a chemical, or inhaling fumes sprayed into a bag (aka "bagging")

WHY IT'S DANGEROUS

Because these common household items are readily available, many people (especially children) do not think they are dangerous. Sniffing, "huffing," or "bagging" inhalants causes permanent damage to many areas of the brain, and it may cause someone to suffocate and die.

For help or information, call NCADA at
314.962.3456 or visit ncada-stl.org

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