

# OVER THE COUNTER DRUGS



Top: cough syrup  
Center: common OTC cold pills  
Lower: bottle of cough syrup

## SIGNS AND SYMPTOMS OF USE

Excessive use of cough syrup and/or other over the counter (OTC) drugs, empty OTC medicine boxes or containers, slurred speech, missing money, a sudden change in appearance and/or attitude, unexplained absences, change in friends

## SHORT AND LONG-TERM EFFECTS

Short-term: mild hallucinations, loss of coordination, dizziness, nausea, vomiting, confusion, increased heart rate, increased blood pressure

Long-term: addiction, liver damage, heart damage, stomach damage, depression, insomnia

## STREET NAMES

Skittles, Skittling, Tussin, Robo Tripping, Robo, CCC, Triple Cs, Dexing, DXM

## HOW IT'S USED

Swallowed (the same as instructed in the directions)

## WHY IT'S DANGEROUS

Over the counter medications may cause serious and sometimes fatal liver and/or heart damage due to misuse. They may also cause a person to overdose and stop breathing if they are taken in large amounts or combined with other substances like alcohol.

For help or information, call NCADA at 314.962.3456 or visit [ncada-stl.org](http://ncada-stl.org)

@ncada\_stl ncada-stl

NCADA  
9355 Olive Blvd.  
St. Louis, MO 63132

FRANKLIN COUNTY OFFICE  
3033 Highway A  
Suite 102  
Washington, MO 63090

