OVER THE COUNTER DRUGS

SIGNS AND SYMPTOMS OF USE

Excessive use of cough syrup and/or other over the counter (OTC) drugs, empty OTC medicine boxes or containers, slurred speech, missing money, a sudden change in appearance and/or attitude, unexplained absences, change in friends

SHORT AND LONG-TERM EFFECTS

Short-term: mild hallucinations, loss of coordination, dizziness, nausea, vomiting, confusion, increased heart rate, increased blood pressure

Long-term: addiction, liver damage, heart damage, stomach damage, depression, insomnia

STREET NAMES

Skittles, Skittling, Tussin, Robo Tripping, Robo, CCC, Triple Cs, Dexing, DXM

HOW IT’S USED

Swallowed (the same as instructed in the directions)

WHY IT’S DANGEROUS

Over the counter medications may cause serious and sometimes fatal liver and/or heart damage due to misuse. They may also cause a person to overdose and stop breathing if they are taken in large amounts or combined with other substances like alcohol.

For help or information, call NCADA at 314.962.3456 or visit ncada-stl.org